



CLASS SCHEDULE 2025/2026

Classes begin the week of September 8th 2025

**Coloured Classes are Competitive.
Audition or assessment required.**

****KICKS reserves the right to cancel, add or change class times as needed****

Class sizes are limited.

MONDAY

STUDIO 1	STUDIO 2	STUDIO 3
4:15-4:45 - Mini Jazz/Acro (4-6) Teacher: Serena Roop		
4:45-5:30 - Jr. Jazz/Acro (Ages 6-8) Teacher: Serena Roop		4:30-5:15 - Petite FT Jazz Teacher: Angelina Sikora
5:30-6:15 - Jr. Hip Hop (Ages 6-8) Teacher: Serena Roop	THE	5:15-6:00 - Petite FT Tap Teacher: Angelina Sikora
6:15-7:00 - Jr. Jazz/Acro (Ages 7-11) Teacher: Nia Froats	FITNESS	6:00-7:00 - Adv/Elite Acro Arts (7-9) Teacher: Angelina Sikora
7:00-7:45 - Int. Hip Hop (Ages 10-12) Teacher: Nia Froats	STUDIO	7:00-8:00 - Adv/Elite Acro Arts (10+) Teacher: Angelina Sikora
7:45-8:30 - Int. Jazz/Acro (Ages 10-12) Teacher: Nia Froats		8:00-8:45 - Inter Comp Technique Teacher: Angelina Sikora
8:30-9:15 - Pre-Teen/Teen Hip Hop (13+) Teacher: Nia Froats		8:45-9:30 - Inter Comp Jazz Teacher: Angelina Sikora

TUESDAY

STUDIO 1	STUDIO 2	STUDIO 3
4:30-5:00 - Micro Mini Comp Hip Hop Teacher: Courtney Drake		4:00-5:00 - Intermediate Acro Arts Teacher: Angelina Sikora
5:00-5:45 - Micro Mini Comp Tap Teacher: Angelina Sikora	4:30-5:15 - Jr. Hip Hop (Ages 6-9) Teacher: Serena Roop	5:00-5:45 - Pre-Inter Comp Hip Hop Teacher: Courtney Drake
5:45-6:30 - Mini Comp Tap Teacher: Angelina Sikora	5:15-6:00 - Jr. MT (Ages 6-9) Teacher: Serena Roop	5:45-6:30 - Pre-Int/Int Musical Theatre Teacher: Courtney Drake
6:30-7:15 - Mini/Junior Comp Hip Hop Teacher: Angelina Sikora	6:00-6:45 - Jr. Hip Hop (Ages 7-11) Teacher: Nia Froats	6:30-7:30 Pre-Inter/Inter Comp Tap Line Teacher: Courtney Drake
7:15-8:00 - Junior Comp Tap Teacher: Angelina Sikora	6:45-7:30 - Int. Tap (Ages 10-12) Teacher: Nia Froats	7:30-8:15 Inter Comp Hip Hop Teacher: Courtney Drake
	7:30-8:15 - Int. Musical Theatre (10+) Teacher: Nia Froats	8:15-9:00 Senior Comp Tech Teacher: Angelina Sikora
	8:15-9:00 - Teen Tap (Ages 13+) Teacher: Nia Froats	9:00-9:45 Senior Comp Jazz Teacher: Angelina Sikora
		9:45-10:15 - Intro to AcroArts (Ages 13+) Teacher: Angelina Sikora

WEDNESDAY

STUDIO 1	STUDIO 2	STUDIO 3
4:00-4:30 - Mini Dance (Ages 3-4) Teacher: Meaghan Houghton		
4:30-5:15 - Mini Comp Jazz Teacher: Meaghan Houghton	4:30-5:15 - Pre-Comp Ballet Teacher: Olivia Clubine	4:30-5:15 - Petite FT Ballet (Choreo) Teacher: Adrienne Tong
5:15-6:00 - Mini Comp Ballet Teacher: Adrienne Tong	5:15-6:00 - Jr. Ballet (Ages 5-8) Teacher: Olivia Clubine	5:15-6:00 - Petite FT Technique Teacher: Meaghan Houghton
6:00-6:45 - Junior Comp Ballet Teacher: Adrienne Tong	6:00-6:45 - Jr. Tap (Ages 6-8) Teacher: Olivia Clubine	6:00-6:45 - Petite FT Lyrical Teacher: Meaghan Houghton
6:45-7:30 - Junior Comp Jazz Teacher: Meaghan Houghton	6:45-7:30 - Jr. Jazz/Acro (Ages 6-10) Teacher: Olivia Clubine	6:45-7:30 - Pre-Inter Comp Ballet Teacher: Adrienne Tong
7:30-8:15 - Inter Comp Ballet Teacher: Adrienne Tong		7:30-8:15 - Pre-Inter Comp Jazz Teacher: Meaghan Houghton
8:15-9:00 - Inter Comp Contemporary Teacher: Meaghan Houghton		8:15-9:00 - Senior Comp Ballet Teacher: Adrienne Tong
		9:00-9:45 - Senior Comp Contemp Teacher: Meaghan Houghton

THURSDAY

STUDIO 1	STUDIO 2	STUDIO 3
4:15-4:45 - Mini Jazz/Acro (Ages 4-6) Teacher: Serena Roop	4:30-5:15 - Pre-Comp Tap/Jazz Combo Teacher: Taylor Drake	4:30-5:15 - Petite FT Ballet 2 Teacher: Jordan Robertson-Reid
4:45-5:15 - Mini Hip Hop (Ages 4-6) Teacher: Serena Roop	5:15-6:00 - Jr. Jazz/Acro (Ages 5-7) Teacher: Taylor Drake	5:15-6:00 - Petite FT Hip Hop Teacher: Courtney Drake
5:15-6:00 - Junior Comp Tech Teacher: Jordan Robertson-Reid	6:00-6:45 - Jr. Hip Hop (Ages 5-7) Teacher: Taylor Drake	6:00-6:45 - Petite FT Musical Theatre Teacher: Courtney Drake
6:00-6:45 - Mini/Jr. Comp Musical Theatre Teacher: Jordan Robertson-Reid	6:45-7:30 - Jr. Tap (Ages 5-7) Teacher: Taylor Drake	
6:45-7:30 - Pre-Inter Comp Technique Teacher: Jordan Robertson-Reid		7:15-8:00 - Senior Comp Tap Teacher: Courtney Drake
7:30-8:15 - Pre-Inter Comp Lyrical Teacher: Jordan Robertson-Reid		8:00-8:45 - Senior Comp Hip Hop Teacher: Courtney Drake
		8:45-9:30 - Senior Comp MT Teacher: Courtney Drake

SATURDAY

STUDIO 1	STUDIO 2	STUDIO 3
		9:30-10:00 - Mini Dance (Ages 3-4) Teacher: Nia Froats
		10:00-10:30 - Mini Dance (Ages 3-4) Teacher: Nia Froats
		10:30-11:00 - Mini Ballet (Ages 4-6) Teacher: Nia Froats
	THE	11:00-11:30 - Mini Jazz/Acro (Ages 4-6) Teacher: Nia Froats
	FITNESS	11:30-12:00 - Mini Tap (Ages 4-6) Teacher: Nia Froats
	STUDIO	12:15-1:00 Micro Mini Comp Tech/Ballet Teacher: Nia Froats
		1:00-1:45 - Micro Mini Comp Jazz Teacher: Nia Froats
		1:45-2:30 - Beginner Acrobatic Arts Teacher: Nia Froats
		2:30-3:15 - Mini Comp Technique Teacher: Nia Froats
		3:15-4:00 - Junior Acrobatic Arts Teacher: Nia Froats

Please contact us at
kicksmountalbert@gmail.com for class
 recommendations. We are happy to assist you!

www.kicksdance.ca